

# HIGHLAND COMMUNITY EDUCATION WINTER / SPRING 2022 CLASSES



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## **SAT TEST PREPARATION CLASS - DURING A.L.L.**

Class time is spent reviewing skills, solving problems, practicing and learning test-taking strategies. To maximize the learning experience, practice tests and additional materials are assigned as homework. Goal setting and evaluation allow the students to measure their progress, identify their strengths and improve their weaknesses. All class materials are included.

- Test-taking strategies that are essential for success.
  - Tips, tricks and problem-solving techniques that build confidence.
  - Review of material in the subject areas tested.
  - Self-evaluation and goal setting that allow students to measure their progress.
  - Personalized study plans.
  - Real practice tests published by the College Board
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- **Monday, Wednesday and Fridays**
  - **February 7, 9, 11, 14, 16, 18**
  - **10:45-11:30 a.m.**
  - **Registration \$179.00**

## **ACT TEST PREPARATION CLASS**

This course is designed to help students develop the skills necessary to improve their ACT scores and reach their testing potential. English, math, reading, writing, and science skills are reviewed and test-taking techniques are emphasized. Some students who successfully complete this course have increased their score by as much as 5 points!

- **Thursdays, April 21, 28, May 5, 12, 19 / 6:00-8:00 p.m.**
- **Registration \$179.00**

## **SAT PREP - ONE DAY INTENSIVE**

- Test-taking strategies that are essential for success.
- Tips, tricks and problem-solving techniques that build confidence.
- Review of material in the subject areas tested.
- Real practice test published by the College Board.

Class time is spent reviewing skills, solving problems, practicing and learning test-taking strategies. Lunch and all class materials are included.

- **Saturday, April 9 / 8 a.m. to 2 p.m.**
- **Registration \$99.00**

**IF A STUDENT REGISTERS FOR BOTH THE ACT & SAT CLASSES, THE SAT CLASS COST WILL BE REDUCED TO \$135.00!**

**Register online for all ACT & SAT classes: [www.acttestprep.info](http://www.acttestprep.info)**

## **AFTER SCHOOL ENRICHMENT – GRADES K - 5**

*CLASSES PRESENTED BY JUMP START SPORTS*

### **HUMMINGBIRDS SOCCER (AGES 3-6)**

Children ages 3 through 6 years old have fun learning the basics of soccer, including: dribbling, foot skills, passing, trapping, shooting, defense, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills that are designed to teach fundamental skills to young children, and low-key, non-competitive games. All coaching will be conducted by Jump Start Sports staff. Hummingbirds Soccer is a terrific introduction to soccer and organized sports and a fun and meaningful experience for the whole family! **Register online at [www.jumpstartsports.com](http://www.jumpstartsports.com)**

### **SPRING SESSION**

- Granger Elementary School Field
- Mondays, April 11, 18, 25, May 2, 9, 16
- Ages 3 and 4 / 5:30–6:30 p.m.
- Ages 5 and 6 / 6:30–7:30 p.m.
- Registration \$95.00

### **SUMMER SESSION**

- Granger Elementary School Field
- Tuesdays, June 7, 14, 21, 28, July 5, 12
- Ages 3 and 4 / 5:30–6:30 p.m.
- Ages 5 and 6 / 6:30–7:30 p.m.
- Registration \$95.00

## **MAD SCIENCE & CRAYOLA ARTS ACADEMY AFTER SCHOOL CLASSES**

**Enroll quickly as these classes tend to fill fast!**

- **REGISTRATION DEADLINE FOR WINTER SESSION IS JANUARY 14**
- **REGISTRATION DEADLINE FOR SPRING SESSION IS MARCH 4**



### **WINTER 2022 Mad Science®**

#### **FUNKY FORCES (Grades K-5)**

Join us as we explore the forces of our world and learn about the foundational blocks of physics. Inertia, Gravity, and Potential & Kinetic Energy are just some of the key concepts kids will experiment with. Observe how the four forces of flight keep airplanes in the air; create your own air blaster, and much more in Funky Forces!

#### **Class Topics Include:**

FANTASTIC FLYERS – Build multiple crafts that can take to the air  
FUNDAMENTAL FORCES – Who knew physics could be so fun?  
CHE-MYSTERY – Taking some of the mystery out of chemistry!  
SUPER STRUCTURES – Future engineers, this is for you

UNDER PRESSURE – We'll get pushed around by some air  
WACKY WATER – Cool properties of water and cleaning up an oil spill

- **Granger: Wednesdays, January 26, February 2, 9, 16, 23, March 2**
- **Hinckley: Tuesdays, January 25, February 1, 8, 15, 22, March 1**
- **Sharon: Thursdays, January 27, February 3, 10, 17, 24, March 3**
- **Students not picked up will be sent to Latchkey for an additional charge.**
- **All Classes 3:30-4:30 p.m.**
- **Registration \$125.00**

## SPRING 2022 Mad Science®

### **OOEY, GOOEY, ELECTRIFYING FUN! (GRADES K-5)**

Explore everything from electricity to fluorescence to mysteriously “magical” science!

#### **Class topics include:**

CURRENT EVENTS – Get charged up about electricity!

GLOW SHOW – Get glowing with fluorescence and chemiluminescence

GREAT GRAVITY – Can you defy gravity?

SCIENCE OF MAGIC – Science with a “magical” twist

SUPER STICKY STUFF – What do glue, sugar water, and Velcro® have in common!

WATTS UP? – Hair-raising experiments with static electricity

- **Granger: Wednesdays, March 16, 23, 30, April 6, 20, 27 (No Class April 13)**
- **Hinckley: Tuesdays, March 15, 22, 29, April 5, 19, 26 (No Class April 12)**
- **Sharon: Thursdays, March 17, 24, 31, April 7, 21, 28 (No Class April 14)**
- **Students not picked up will be sent to Latchkey for an additional charge.**
- **All Classes 3:30-4:30 p.m.**
- **Registration \$125.00**



## WINTER 2022 Crayola® Imagine Arts Academy™

### **WORLD OF DESIGN (GRADES K-5)**

Journey to the farthest reaches of the imagination while learning about the rainforest, Hollywood, the ocean, Mars, and a futuristic city! Use the design thinking process to solve real-world problems in these environments. Experiment with Crayola® products and a variety of art techniques like sculpting, collage and mixed media. Discover design careers including graphic design, fashion design, board game design, and architectural and urban design.

#### **Class Topics Include:**

GAME ON! - Board Game Design

WILD ANIMATION - Animation Design

PICTURE PERFECT - Movie Poster Design

UNIVERSAL TREEHOUSE - Designing with universal accessibility in mind

COMIC BOOK HEROES - Costume fashion design

FUTUREVILLE - Urban Design

- **Granger: Mondays, January 24, 31, February 7, 14, 28, March 7**
- **Hinckley: Mondays, January 24, 31, February 7, 14, 28, March 7**
- **Sharon: Mondays, January 24, 31, February 7, 14, 28, March 7**
- **Students not picked up will be sent to Latchkey for an additional charge.**
- **All Classes 3:30-4:30 p.m.**
- **Registration \$124.00**

## SPRING 2022 Crayola® Imagine Arts Academy™

### **ART SAMPLER (GRADES K-5)**

We have taken additional topics from 3 of our favorite art programs and combined them into a very fun and engaging art sampler package! Enjoy!

#### ARTBLAZERS

- Cut and Paste – Inspired by the works of Hannah Hoch
- Creative Kids – Inspired by YOU!

#### WORLD OF DESIGN

- Mars Habitat – Martian habitat design
- Pitch Your Product – Practical product design

#### WILD WORLD

- Owls – Create a colorful owl collage
- Orangutans – Sculpt a primate in a tree
  
- **Granger: Mondays, March 21, 28, April 4, 25, May 2, 9 (No Class April 11 or 18)**
- **Hinckley: Mondays, March 21, 28, April 4, 25, May 2, 9 (No Class April 11 or 18)**
- **Sharon: Mondays, March 21, 28, April 4, 25, May 2, 9 (No Class April 11 or 18)**
- **Students not picked up will be sent to Latchkey for an additional charge.**
- **All Classes 3:30-4:30 p.m.**
- **Registration \$124.00**

### **PLEASE SPECIFY WHICH SESSION YOU ARE CHOOSING!**

- **REGISTRATION DEADLINE FOR WINTER SESSION IS JANUARY 14**
- **REGISTRATION DEADLINE FOR SPRING SESSION IS MARCH 4**

## **SATURDAY ENRICHMENT CLASSES AT HIGHLAND HIGH SCHOOL**

*CLASSES PRESENTED BY JUMP START SPORTS*

### **HIGHLAND LITTLE HOOP STARS (AGES 4 - KINDERGARTEN)**

Coaches from Jump Start Sports will run this instructional and recreational basketball program for children in preschool (must be 4 years of age to participate) and kindergarten. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program. Then they apply what they've learned in a low competitive game. All participants receive a team shirt and a participation medal.

- **Saturdays, January 15, 22, 29, February 12, 19, 26 / 12:30-1:30 p.m.**
- **Registration \$95.00**

## **HIGHLAND HOOP STARS (GRADES 1-2)**

Coaches from Jump Start Sports will run this instructional and recreational basketball program for children in grades 1-2. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program. Then they apply what they've learned in a low competitive game. All participants receive a team shirt and a participation medal.

- **Saturdays, January 15, 22, 29, February 12, 19, 26 / 1:30-2:30 p.m.**
- **Registration \$95.00**

Register online at [www.jumpstartsports.com](http://www.jumpstartsports.com)

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## **FUN-DAMENTALS OF COOKING (GRADES 3-8)**

This very popular class will teach you some cooking basics to prepare hearty, healthy foods. Learn something new and have a lot of fun along the way! Both boys and girls are welcome. Students are asked to wear a hat or bandana, bring an apron, a 3-ring binder and containers to take home food to class. Limit 6 students. **Food fee \$40.00 payable to the instructor at the first class.**

- **Saturdays, January 29, February 5, 12, 19, 26 / 12:30-2:30 p.m.**
- **Registration \$79.00**

## **MMA FUN-FITNESS BOOT CAMP (GRADES K-8)**

Mixed Martial Arts FunFitness Boot Camp consists of cardio, plyometric, muscular endurance & strength exercises and improves concentration, coordination, confidence, discipline, grades, power, speed and mental toughness. The camp has no belt fees, no initiation fees, and no testing fees, and allows children to reach their own potential rather than directly compete against others. This is a dynamic and challenging approach to self-defense for children who are athletic, energetic, awkward or shy, bold, nice or maybe even a little wild once in a while...MMA FunFitness Boot Camp is probably for a kid just like yours. Children's self-defense takes many forms. Many parents worry about their children being safe on the street yet one of the real problems concerns a child's ability to defend themselves against other kids. MMA FunFitness Boot Camp teaches children to think instead of panic in potentially serious situations as well as how to react to threats from other children or acquaintances.

**Parents are welcome to observe every class.**

- **Saturdays, January 22, 29, February 5, 12, 19**
- **Grades K-2: 12:30-1:15 p.m. / Registration \$40.00**
- **Grades 3+: 1:15-2:00 p.m. / Registration \$45.00**

## SATURDAY ADULT CLASSES AT HIGHLAND HIGH SCHOOL

### **BEGINNING GUITAR**

This class is designed for the absolute beginner, or for those who have some experience with the guitar but would like to discover the secrets behind playing more smoothly. This is not just a 'put your finger here now put your finger there' class. Students will be introduced to the tried and true techniques that have allowed so many musicians to play at their very best. Please bring a guitar and a smile to this very entertaining and engaging class.

- **Saturdays, February 5, 12, 19, 26 / 12:30-2:30 p.m.**
- **Registration \$65.00**

## ADULT EVENING CLASSES AT HIGHLAND HIGH SCHOOL

### **ADULT/PEDIATRIC CPR WITH A.E.D TRAINING**

#### ***(Automated External Defibrillator)***

This class is designed for anyone interested in learning the steps to assist in saving a life. You will learn what to do in an emergency if someone stops breathing or their heart stops beating. You will also learn skills to assist a person if they are choking or you need to use an A.E.D. due to cardiac arrest. This is a must-have class! Upon completion of the class you will receive an American Red Cross CPR 2-year certification. **Class book/certification fee of \$27.00 payable to the instructor at class.**

- **Tuesday, March 8 / 6:00-9:00 p.m.**
- **Registration \$45.00**

### **BEEKEEPING 101**

Have you considered becoming a beekeeper but you just do not know where and how to get started? Maybe you think honeybees are special (and they are) and you want to learn more about the inner workings of the colony so you can do your part in helping the honeybees and other native pollinators. This class will teach you beekeeping essentials for the first year. A complete beehive will be brought in to utilize as a demonstration tool to allow the prospective beekeeper to visualize the equipment involved. The use of beekeeping tools for hive inspections will be demonstrated. A detailed explanation of what specific things to look for during the inspection will be covered. You will learn about the roles of the worker bees, the queen and the drone. Find out where propolis, flower pollen, honey and royal jelly come from and the medicinal benefits we can reap from the honeybee bi-products. Also learn about diseases that afflict the honeybees and what the cause of colony collapse disorder is. Visit us at our website [gaughanbeedancin.com](http://gaughanbeedancin.com) for a complete list of events and products. Participants in the class will receive the book "First Lessons in Beekeeping" and a syllabus.

- **Tuesdays, January 18, 25, February 1, 8, 15 / 7:00-9:00 p.m.**
- **Registration \$85.00**

## **RETIREMENT PLANNING TODAY® (Offered Both Online and In Person)**

This course has been designed for those ages 50 and over who wish to educate themselves about planning for a successful retirement. This 2-session course will help you determine if you are on track to accomplish your retirement goals, and provides comprehensive, objective knowledge you can easily apply to your situation. This course not only covers fundamental planning topics, but also advanced financial strategies, and how to integrate retirement planning, tax planning, estate planning, and risk protection strategies for the most ideal outcome. The course covers the complete retirement planning process including retirement income planning to help you achieve your desired lifestyle, tax planning strategies to keep more of what you have earned, strategies to manage investment risks, estate planning strategies, healthcare, Medicare and long-term care considerations, social security and pension claiming strategies, how to determine the savings you will need to retire today or in the future, and much more. A spouse or guest may attend at no additional charge. Includes a digital course textbook and is a 2-evening class. *Instructor: Tony D'Amico, CFP®.*

**PLEASE NOTE ONLINE OR IN PERSON OPTION ON YOUR REGISTRATION FORM.**

### **ONLINE OPTION**

- **Tuesdays, February 8, 15 / 6:00-8:30 p.m.**
- **Registration \$49.00**

### **IN PERSON OPTION**

- **Wednesdays, February 16, 23 / 6:30-9:30 p.m.**
- **Registration \$49.00**

## **HYPNOSIS WEIGHT CONTROL SEMINAR**

Hypnosis is a valuable tool to help someone overcome fears, eliminate bad habits and reach their goals to be a happy and healthy person. Weight Control hypnosis is easy and relaxing. You will be in a light state of trance in order to get your subconscious and conscious minds to agree on your goal to control your weight. This is not a diet but a way to eat nutritionally to achieve your goals to be slim and trim. All students will receive a reinforcement CD to take home. **PLEASE NOTE WINTER OR SPRING SESSION ON YOUR REGISTRATION FORM.**

- **WINTER SESSION: Tuesday, January 25 / 7:00-9:00 p.m.**
- **SPRING SESSION: Tuesday, March 8 / 7:00-9:00 p.m.**
- **Registration \$49.00**

## **HYPNOSIS SMOKING CESSATION SEMINAR**

Hypnosis is a valuable tool to help someone overcome fears, eliminate bad habits and reach their goals to be a happy and healthy person. Smoking Cessation is easy and relaxing. You will be in a light state of trance in order to get your subconscious and conscious minds to agree on your goal to be a healthy clean air-breather. With hypnosis you will no longer desire to smoke or light up a cigarette ever again. You will not gain weight or feel nervous. The AMA has endorsed hypnosis for smoking cessation since 1955. All students will receive a reinforcement CD to take home. **PLEASE NOTE WINTER OR SPRING SESSION ON YOUR REGISTRATION FORM.**

- **WINTER SESSION: Tuesday, February 8 / 7:00-9:00 p.m.**
- **SPRING SESSION: Tuesday, March 22 / 7:00-9:00 p.m.**
- **Registration \$49.00**

# ADULT ONLINE LIVE VIDEO CHAT CLASS

## **AN INTRODUCTION TO VOICEOVERS**

Explore the voiceover industry with your instructor, a professional, working voice actor from Voices For All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. You'll learn about different types of voiceovers and the tools you'll need to find success. Your instructor will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later. One-time, 90-minute, introductory class. Learn more at <http://www.voicesforall.com/ooo>. 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding job!

*Requirements:* Students must have Internet Access and Video Chatting capabilities using a method such as: Skype (for PC/Mac users) or iChat/FaceTime (for Mac Users).

- **This is an online live video chat course. Information will be sent to you upon receiving your registration. Please include your email address.**
- **Registration \$49.00**

## **HIGHLAND COMMUNITY EDUCATION REGISTRATION FORM**

Please use this form to register multiple family members or to enroll in several different course offerings. NOTE: We do NOT send registration confirmations. If you do not hear from us, assume that you are enrolled in the class of your choice. Questions? Contact Mary Fran Kudla, Director, at 330.239.1901, ext. 5503 or email her at [mkudla@highlandschools.org](mailto:mkudla@highlandschools.org). Mail completed form to: Highland Community Education, c/o Mary Fran Kudla, 4150 Ridge Road, Medina, OH 44256. Fee must accompany form. Make checks payable to: HIGHLAND LOCAL SCHOOLS.

Participant Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Course Name \_\_\_\_\_ Fee: \_\_\_\_\_

Course Name \_\_\_\_\_ Fee: \_\_\_\_\_

### **COMPLETE THIS SECTION ONLY IF PARTICIPANT IS UNDER THE AGE OF 18**

School: \_\_\_\_\_ Student's Current Grade: \_\_\_\_\_ Current Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Parental Permission: I, the undersigned, give permission for my child to enroll in Highland Local Schools' Community Education Program. I understand that neither the course instructor, nor Highland Local Schools, will be responsible for any accidents or injuries which may be sustained by students. I grant permission for my child's activities and/or special needs.*