

## COOKING INSTRUCTIONS FOR MEALS INCLUDED WITH FREE LUNCH PROGRAM

### ENTRÉE:

Corn Dog on a Stick: Cook from frozen in Preheated 375-degree oven for 20 minutes, uncovered.

Mini Corn Dogs: Cook from frozen in Preheated 350-degree oven for 21-23 minutes, uncovered.

Chicken Tenders: Cook from frozen in Preheated 400-degree oven for 11-13 minutes, uncovered.

Popcorn Chicken: Cook from frozen in Preheated 350-degree oven for 10-12 minutes, uncovered.

Chicken Nuggets: Cook from frozen in Preheated 350-degree oven for 10-14 minutes, uncovered.

Bosco Cheese Sticks: Cook from frozen in Preheated 350-degree oven for 10-12 minutes, uncovered.

Taco Wedges: Cook from frozen in Preheated 400-degree oven for 17-21 minutes, uncovered.

Tony's Pizza: Cook from frozen in Preheated 400-degree oven for 24-26 minutes, uncovered.

Taco Sticks: Thaw before cooking. Bake in Preheated 300 degree oven for 18-20 minutes

Grilled Cheese Sandwich: Do not remove wrap before cooking. Cook from frozen in Preheated 275 degree oven for 12-15 minutes.

Mini Cheeseburgers: Do not remove wrap before cooking. Cook from frozen in Preheated 275 degree oven for 12-15 minutes.

French Toast Sticks: Cook from frozen in a preheated 350 degree oven for 8-10 minutes.

Sausage Links: Cook from frozen in a preheated 325 degree oven for 10-12 minutes.

### FROZEN VEGETABLES:

Add frozen vegetables to boiling water. Return to a boil, lower heat, cover and simmer for 5 minutes.