

Bullying

Cyber Bullying

Go to : www.mcgruff.org/advice/cyberbullies.php

A cyberbully uses the Internet, cell phone, or other device to send or post text or images to try to hurt or embarrass another person. It's a lot like the bullying that happens at recess or on the school bus, and it can hurt just as much.

Bullying and *Your Child*

Go To : <http://kidshealth.org/parent/emotions/behavior/bullies.html>

Check this site for basic information about Bullying.

Understanding Relational Bullying

Go To : <http://www.opheliaproject.org/main/index.htm>

Relational Bullying is a type of bullying where children use friendship to bully others. Find out about this *all too common* type of Bullying and what you can do to help your child!

ODD GIRL OUT

A lifetime original movie that shows the impact and consequences of relational bullying

Go To: www.lifetime.com/movies/originals/oddgirlout.php

Mrs. Moriah Ice
Elementary School Counselor
mscholl@highlandschools.org
www.highlandschools.org/teachers/MIce
