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Home of the Highland Hornets
Highland Local Schools
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FOR IMMEDIATE RELEASE

Casey is Highland's new wrestling coach

MEDINA, OHIO (11/16/09) – Highland Local School District and Highland High School are pleased to welcome Paul Casey as the new Head Coach of the Wrestling Team, pending Board approval at their regularly scheduled meeting on November 16.

During his coaching career, Casey served as the wrestling team head coach at North Royalton City Schools for two seasons and was an active volunteer for four years prior to becoming head coach. He also served as the assistant wrestling coach at both Ohio University and Appalachian State University where he helped lead the team to the Southern Conference Title.

Casey received his bachelor degree in Health Promotion from Ohio University in 1993. While attending Ohio University, he was a member of the wrestling team, served as team captain for three years and was a two-time Mid-American Conference champion, as well as a two-time NCAA tournament qualifier. Additionally, he was ranked 10th nationally by the *Amateur Wrestling News* (AWN) and was honored with the Outstanding Athlete Award in 1993 from Ohio University. Casey currently resides in North Royalton with his wife and two children.

The Highland wrestling season is set to begin December 12.

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