

April 28, 2009



INFORMATION FOR PARENTS

Highland Local Schools
3880 Ridge Road, Medina, OH 44256

Highland takes precautions against Swine Flu

In response to the identification of swine influenza A (H1N1) virus infections in humans in the United States (including one in Elyria), the Highland Local School District has activated the initial steps of its protocol for dealing with epidemics. Although there have been no reported cases of swine flu in Medina County, we are taking steps to inform parents, students and staff of precautionary measures.

At this point, the protocol consists of daily use of appropriate disinfectants in school buildings; acquiring extra supplies of gloves, face masks, and hand sanitizer; close monitoring of advisories from federal, state, and local public health authorities; and monitoring student and staff attendance. Further steps will be taken if necessary, with the guidance of public health authorities.

What You Can Do to Stay Healthy

Families and staff members should keep in mind these guidelines from the Centers for Disease Control:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue away in the trash after use.
- Wash your hands often with soap and water, particularly after you cough or sneeze. Alcohol-based hand sanitizers are also effective.
- Avoid touching your eyes, nose, or mouth. Germs spread that way.
- Try to avoid contact with sick people.
- If you get sick, stay home from work or school, and limit contact with others to keep from infecting them.
- If you are diagnosed with swine flu, please notify your school nurse immediately.

More Information

Information relevant to Highland schools will be posted at www.highlandschools.org as needed. *Other resources include:*

- Centers for Disease Control: <http://www.cdc.gov/swineflu/index.htm>
- Ohio Department of Health: <http://www.odh.ohio.gov/>
- Medina County Health Department: www.medinahhealth.org
- Ohio Department of Health Pandemic Flu: <http://ohiopandemicflu.gov/>

► [Click here](#) for the latest press release from the Medina County Health Department

► [Key Facts About Swine Influenza](#)

► [Swine Flu Information For Child Care Providers](#)

In addition, the Ohio Department of Health has established a toll-free information line for Ohioans with questions about swine flu. The information line is open from 8 a.m. to 5 p.m. Monday through Friday.

Call 1-866-800-1404 if you have questions about swine flu.